Answer Key

- lung
- liver
- large intestine
- appendix
- trachea
- inferior vena cava
- gallbladder
- kidney
- heart
- stomach
- small intestine
- rib cage
- abdominal aorta artery
- spinal column
- spleen
- pancreas
- ureter
- bladder
- gallbladder
- spinal column
- inferior vena cava
- trachea
- appendix
- lung
- liver
- large intestine
Inflatable Human Anatomy Torso Model

Activity Guide

Learn the inner workings of the human body. The Inflatable Anatomy Torso features eighteen organs that can be explored through hands-on activities or used for classroom decoration. The lungs, heart, liver, stomach, small intestine, large intestine, and appendix detach from the torso to reveal the underlying organs. The underlying organs include the trachea, rib cage, spinal column, aorta, inferior vena cava, renal artery, pancreas, spleen, gallbladder, kidneys, bladder, and ureter. Explore each organ to learn how they work together to keep the body functioning. Highlight one organ at a time or study them all at once. Use the labeling page as a work sheet or quiz for students. When not in use, the torso easily deflates for convenient storage.

Detachable organs: lungs, heart, liver, stomach, small intestine, large intestine, and appendix.

Attached organs: trachea, rib cage, spinal column, aorta, inferior vena cava, pancreas, spleen, gallbladder, kidneys, bladder, and ureters.

Anatomy Facts

- Every minute, you breathe in 13 pints of air.
- The heart is about the size of a clenched fist.
- If all the blood vessels in a human body were strung together, they could circle the globe 2½ times.
- A heartbeat is really the sound of the valves in the heart closing as they push blood through its chambers.
- Human lungs contain almost 1500 miles of airways.
- The liver is capable of regeneration. Approximately 67% of a liver can grow back in one week.
- In one day, an average heart beats 100,000 times.
- The stomach creates a new lining every three days.
Anatomy Definitions

**aorta** main artery which carries blood from the heart to the rest of the body

**appendix** small, functionless, tube-like structure attached to the first part of the large intestine

**bladder** the hollow organ in the lower abdomen that stores urine

**gallbladder** pear-shaped organ that stores bile from the liver until the body needs it for digestion

**heart** the main organ of the circulatory system that constantly moves and pumps blood throughout the entire body

**Inferior vena cava** large vein that returns blood from legs and abdomen to the heart

**kidneys** part of the urinary system that filters and removes waste from blood; aids in regulating the body’s fluids and blood pressure

**large intestine** final part of the digestive system that turns waste and other indigestible food into feces

**liver** the largest internal organ that aids digestion, controls metabolism, and removes harmful substances from blood

**lungs** part of the respiratory system that supplies oxygen from the air to our blood and removes carbon dioxide from our blood to the air

**pancreas** part of the endocrine system that produces insulin to regulate the amount of sugar in the blood; aids the digestion process and helps control metabolism

**rib cage** part of the skeletal system that protects many internal organs including the heart and lungs

**small intestine** part of the digestive system that takes nutrients from food and deposits them in the bloodstream; the longest internal organ

**spine (spinal column)** part of the skeletal system that contains the spinal cord; composed of 33 vertebrae that bend and flex, allowing movement of the back and neck

**spleen** organ in the abdomen that holds a reservoir of blood and helps destroy old red blood cells

**stomach** part of the digestive system that contains acid to help break down food for the body to absorb

**trachea** principle tube by which air passes to and from the lungs

**ureter** thin, walled tube that carries urine from the kidney to the bladder

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**Inflation Instructions**

1. The inflatable pieces must reach room temperature before they are inflated to reduce temperature shock that can cause defects.
2. For best results, inflate by blowing into the valve with your mouth only.
3. Inflate the inner cavity first. Then inflate the outer cavity. See Figure 1.
4. Do not over inflate. Do not attempt to remove every wrinkle from the pieces.
5. Where there are multiple sections, inflate slowly, allowing air to seep into the smaller sections.
6. After inflating, cover the valve opening with your finger. Pinch the valve at its base with your fingers and insert the plug into the valve opening. Quickly insert the plug fully into the valve opening until the head of the plug touches the opening. Press the valve into the piece until the valve is flat with the surface of the object.

**CAUTION:** Do not inflate with an air compressor or any other high pressure hose. Do not pull on valves. THIS IS NOT A LIFESAVING DEVICE.

**Maintenance and Deflation**

1. Do not drag pieces over sharp objects or surfaces.
2. Avoid contact with hot or sharp objects.
3. To clean, rinse with lukewarm water and let air dry.
Human Anatomy

Directions: Label the internal organs.

liver  appendix  trachea  rib cage  pancreas  spleen  spinal column  abdominal aorta artery  small intestine  inferior vena cava  heart  gallbladder  lung  ureter  bladder  large intestine  spinal cord  heart  kidney  stomach  abdominal aorta artery  liver  appendix  trachea  rib cage  pancreas  spleen  spinal column  abdominal aorta artery  small intestine  inferior vena cava  heart  gallbladder  lung  ureter  bladder