Binding First Edition™ Books

“Break” the book cover spine.

Break the spine of your book cover by closing the cover, lining up both sides, and creasing the spine firmly. (Figures 1 and 2) Spine should be triangular-shaped when viewed from side. (Figure 3)

Attach the book pages.

1. Gather the pages of your book in the correct order.
2. (small book: 5” x 9”) Cut the binding paper in half as indicated. (large book: 9” x 11¼”) Use two full-size sheets of binding paper.
3. Place a piece of binding paper in the front and back of your pages with the printed side of the binding facing out.
4. Staple the pages together along the left side, following the pattern on the binding paper. Use heavy-duty ½” staples for books under 25 pages or ¾” staples for thicker books. (Note: Book covers hold a maximum of 35 sheets of paper)

Bind the pages to the book cover.

5. Peel off the printed side of the binding paper from the front of the book. Place the sticky-side down just to the left of the chipboard spine, leaving about a ½” gap from text to spine. If you are binding a book with 25 or more pages, leave a slightly larger gap. Press firmly. (Figure 4)
6. Peel off the back adhesive.
7. With the book flat on a surface, align the cover corners and press. (Figure 5)
8. Build the book into your cover. THIS STEP IS VERY IMPORTANT. While holding the front cover with one hand, open it at a 90 degree angle and press down firmly. Make sure the binding paper adheres to the cover completely. (Figure 6) Turn the book over and repeat this process.