

**Amount Per Serving % Daily Value**

|                               |          |    |
|-------------------------------|----------|----|
| L-Carnitine                   | 3 mg     | ** |
| Alpha-ketoglutaric acid       | 2 mg     | ** |
| Glutathione (reduced)         | 2 mg     | ** |
| N-Acetyl L-Cysteine           | 2 mg     | ** |
| Mixed carotenoids (Betatene®) | 1000 mcg | ** |
| Vanadium (as vanadyl sulfate) | 22.8 mcg | ** |
| Alpha-lipoic acid             | 90 mcg   | ** |

Proprietary Blend Containing: Ginkgo biloba leaf extract, 24% flavonoglycosides and 6% triterpenes, Grape seed (*Vitis vinifera*) extract, 95% proanthocyanidins, Calcium pyruvate, Hawthorn berry (*Crataegus oxyacanthus*), fruit extracts, Garlic bulb (*Allium sativum*) (deodorized), and Citrus bioflavonoids complex.

\*\* % Daily Value (DV) not established

**OTHER INGREDIENTS:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, dextrin, dextrose, lecithin, sodium carboxymethylcellulose, sodium citrate, and ethocel.

**DIRECTIONS:** As a dietary supplement, take two (2) tablets daily with a meal.

**STORAGE:** Keep tightly closed in a cool, dry place.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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**METABOLISM FORMULA**



**ActiVit®**  
Vitamins for Active People

- 20 vitamins and minerals
- With green tea and L-Carnitine to support metabolism and fat loss\*

CORE  
nutrition

30-DAY SUPPLY 60 TABLETS DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size: 2 Tablets  
Servings Per Container: 30

**Amount Per Serving % Daily Value**

|  |         |       |
|--|---------|-------|
| Vitamin A (as palmitate)                     | 5000 IU | 100%  |
| Vitamin C (as ascorbic acid)                 | 120 mg  | 200%  |
| Vitamin D (as cholecalciferol)               | 400 IU  | 100%  |
| Vitamin E (as d-alpha tocopheryl succinate)  | 30 IU   | 100%  |
| Thiamin (as mononitrate)                     | 27 mg   | 1800% |
| Riboflavin                                   | 14 mg   | 824%  |
| Niacin (as niacinamide)                      | 20 mg   | 100%  |
| Vitamin B6 (as pyridoxine hydrochloride)     | 8 mg    | 400%  |
| Folate (as folic acid)                       | 400 mcg | 100%  |
| Vitamin B12 (as cyanocobalamin)              | 50 mcg  | 833%  |
| Biotin                                       | 300 mcg | 100%  |
| Pantothenic acid (as d-calcium pantothenate) | 25 mg   | 250%  |
| Calcium (as calcium carbonate)               | 200 mg  | 20%   |
| Iodine (from Atlantic kelp)                  | 150 mcg | 100%  |
| Magnesium (as magnesium oxide)               | 20 mg   | 5%    |
| Zinc (as amino acid chelate)                 | 7.5 mg  | 50%   |
| Selenium (as L-selenomethionine)             | 70 mcg  | 100%  |
| Copper (as amino acid chelate)               | 2 mg    | 100%  |
| Manganese (as amino acid chelate)            | 1 mg    | 50%   |
| Chromium (as amino acid chelate)             | 240 mcg | 200%  |
| Molybdenum (as amino acid chelate)           | 75 mcg  | 100%  |

|   |        |    |
|---|--------|----|
| Green tea leaf ( <i>Camellia sinensis</i> ) extract (60% polyphenols) | 300 mg | ** |
| Cayenne fruit ( <i>Capsicum annuum</i> ) (40,000 HU)                  | 25 mg  | ** |
| Choline (as bitartrate)   | 20 mg  | ** |
| L-Taurine   | 20 mg  | ** |
| L-Glutamine   | 15 mg  | ** |
| DMAE (as bitartrate)  | 12 mg  | ** |
| Inositol  | 10 mg  | ** |
| Para-aminobenzoic acid  | 10 mg  | ** |
| L-Methionine  | 5 mg   | ** |