



Send us your “before” and “after” pictures for exclusive limited edition 10-Minute Trainer T-shirt.

To receive your **FREE 10-Minute Trainer T-Shirt**, follow these instructions:

1. **Complete** this entire application. To qualify, all fields must be completed.
2. **Email** the completed application with “before” and “after” photographs of yourself (see Photo Details at the end of the form) along with your proof of purchase to SuccessStories@Beachbody.com in compliance with the Terms and Conditions at the end of this form.
3. **Proof of Purchase:** To receive your **FREE** T-shirt, please provide one of the following proofs of purchase:
 - Your receipt
 - Your packing slip
 - Your picture with the 10-Minute Trainer kit
 - Your credit card statement
4. You may also mail the completed application with “before” and “after” photographs of yourself and your proof of purchase to this mail-in address:

10-Minute Trainer T-shirt Giveaway
3301 Exposition Blvd., 3rd Floor
Santa Monica, CA 90404

Date: _____ Full Name: _____ Date of Birth: ____/____/____

Daytime Telephone: _____ Email: _____ Current Age:*

*If you are under 18 years of age, your parent or legal guardian must sign the Guardian Acknowledgment at the end of this application.

Mailing Address: _____

City: _____ State: _____ ZIP Code: _____

Men’s T-Shirt size: (choose one) S M L XL

Women’s T-Shirt size: (choose one) S M L XL

Note: There will be **no exchanges** for the wrong size.

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Statistics:	Before	After
Weight	<input type="text"/>	<input type="text"/>
Size (pants or dress)	<input type="text"/>	<input type="text"/>
Body fat percentage	<input type="text"/>	<input type="text"/>
Chest (inches)	<input type="text"/>	<input type="text"/>
Waist (inches)	<input type="text"/>	<input type="text"/>
Hip (inches)	<input type="text"/>	<input type="text"/>
Leg (thigh) (inches)	<input type="text"/>	<input type="text"/>
Arm (bicep) (inches)	<input type="text"/>	<input type="text"/>
	Start Date	Completion Date
Program participation:	<input type="text"/>	<input type="text"/>

Where did you purchase your 10-Minute Trainer program?

- Infomercial/toll-free #
- Beachbody® Web site
- Team Beachbody® Coach
- Amazon.com
- Other (please specify)

What was your main goal in using 10-Minute Trainer?

- Lose weight
- Tone up
- Increase strength
- Get healthy

Did you reach your goal?

- Yes No

Did you work out alone or with others?

- Alone With others

If with others, where? _____

Was 10-Minute Trainer:

- As challenging as you thought it would be?
- More challenging than you expected?
- More moderate than you expected?

Did anything surprise you about 10-Minute Trainer?

What would you like to see next from Tony Horton?

Would you like to be contacted by an Independent Team Beachbody Coach to learn how you can help others lose weight and get fit with 10-Minute Trainer while making money at the same time?

Yes No

Guardian Acknowledgement: By signing below, you affirm that you are the parent or legal guardian of the minor applicant and consent to the submission of the information on this application and photographs of your minor child to Beachbody, LLC ("BLLC"). You further agree to the requirements, terms and conditions below on behalf of your minor child, including the granting of certain rights to BLLC with respect to any submitted materials.

Print Name	Signature	Date
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Terms and Conditions:

Photo Details: The "before" photograph(s) should date from before you began the Beachbody program. The "after" photograph(s) should date from three (3) days after you complete your program. You must have the legal right to submit the photos, the photos must be of you and not another person, you must be recognizable as the same person in both of the photos, and no other person(s) may be depicted in the photographs. Pictures should be head-to toe full-body shots in exercise wear or bathing suits. Best if front, side, and back—at the very least back. Your fitness transformation may not be the result of any non-medically necessary plastic or cosmetic surgery, liposuction, or any unnatural method of body enhancement or weight reduction of any kind.

Use of Submitted Photos and Information: By submitting the photographs to Beachbody LLC ("BLLC"), you grant BLLC, its affiliates, subsidiaries, representatives and assigns, employees, or any persons or corporations acting under its permission or authority, the right to publish, reproduce, distribute, and/or otherwise use your name, statistics, biographical information, video, and photographs in any media now known or hereinafter devised, in such manner, for such purposes, and with such frequency as BLLC shall determine in its sole discretion without further compensation or consideration to you and without further authorization by you. You represent and warrant that you are the sole owner of all rights in and to each photograph and all videos submitted, and no consent from any third party is required for BLLC to use your photographs or videos as set forth herein.

Additional Terms and Conditions: To be eligible for the Athletic Shirt, your submission must be completed in compliance with all instructions and these Terms and Conditions. Limit one (1) Athletic Shirt per customer. BLLC is not responsible for lost, late, damaged, delayed, corrupted, illegible, misdirected, or postage-due submissions. This offer is not valid if materials are not properly submitted in complete compliance with the instructions above and these Terms and Conditions. All Athletic Shirt requests must show proof of purchase from a verified BLLC retailer. BLLC reserves the right to request additional information regarding any and all claims and supporting documents and to deny ineligible claims. BLLC's decisions are final. The submission of false, incorrect, misleading, or fraudulent documentation may result in disqualification from this promotion and from future promotions and may be subject to review under U.S. Postal Regulations. The customer agrees to reimburse BLLC for any Athletic Shirt falsely obtained. The Athletic Shirt will be forwarded to qualified recipients via regular mail within six (6) to eight (8) weeks after proper and complete submission. Incomplete or illegible submissions will be forfeited as ineligible. BLLC is not responsible for any lost, damaged, or delayed applications. Keep copies of materials submitted: originals become property of BLLC and will not be returned.