

HOT Sheet

COMPILED BY TARYN ADLER

Hot WORKOUT



P90X promises to take your body from average to ripped in just 90 days! The at-home exercise system features 12 DVDs, each with a specific focus: There's yoga for flexibility training, targeted ab exercises for strength training and even a karate segment for cardio! The variation staves off boredom and ensures that your body doesn't plateau. *Dancing with the Stars* alum **Erin Andrews** has broken a sweat to the program. \$120, beachbody.com



PHOTO BY ANGELA WEISS/WIREIMAGE.COM

Pick Of The Week!

Hot HEADPHONES

Ali Fedotowsky rocks out with V-MODA Crossfade LP headphones. They offer the ultimate in sound technology packaged in a lightweight, fashion-forward design. Plus, they're equipped with a detachable remote control and microphone, so you can easily adjust volume and even answer phone calls if you have an iPhone. Available in White Pearl, Phantom Chrome and Gunmetal Black. \$250, apple.com

PHOTO COURTESY OF BONGO



Hot DUDS

Love **Audrina Patridge's** black and white checkered shirt? It's only \$16! Her button-front top is just one of many affordable options from Bongo, the fashion-forward juniors brand for which she recently became a spokesperson. In addition to cool plaids for the season, you'll also find on-trend military jackets and jeggings. And the best part is that nothing retails for more than \$30! Available at Sears and Kmart stores.



Hot MASCARA

Josie Maran Cosmetics GOGO Natural Volume Argan Mascara makes a difference: Not only does it thicken and curl lashes, but for every tube purchased, a second will be donated to a City of Hope cancer patient or survivor. Reps say *Lost star* **Emilie de Ravin** is a fan of the product. \$22, sephora.com

Hot EATS

Naked Chef **Jamie Oliver's** passion for food is evident in his new Jme Pantry Collection, a line he created with Williams-Sonoma. It includes a variety of condiments (such as mustard, honey and mango chutney) along with staples like biscuits and tea. And everything is produced — often by hand — by talented artisans, from bakers to beekeepers. Talk about quality eats! \$10–\$32, williams-sonoma.com ★

